

***Blessing Earth***  
**Denver, Colorado November 20, 2006**  
***(transcriber: Ellen Pyle)***

**Master:** Good evening, and welcome to a brand new year. I greet you in the freshness of a new year as we together welcome not only the freshness, but we acknowledge the levels of transformation that are likely to take place in the next 12 months. And we can do this even if we don't know exactly what kind of transformation it will be or how it will occur. We can already just say thank you. So this evening, let us come together and hold forth for transformation that will benefit all sentient beings and grace the Earth with peace, respect, and love.

I would like to designate 2007 a year of kindness. And I hope that each of you will join me in affirming such as our collective point for focus this year. I also hope that each of you will do your utmost to flood your personal realms with kindness, looking to go ever deeper into kindness. No matter how kind you now see yourself, try to increase your offering and receiving of it literally every day. Now to bring about this kind of a situation — which is to make 2007 a year of kindness — in such a chaotic world, will require a shared experience of strategically applied focused attention. We will design a strategy this evening, but its implementation will be up to you. As you know, those who are in physical bodies get to anchor the divine plan into the physical realm.

The possibility for profound energetic shifts exists in 2007. These can be so profound as to actually alter the directional course for Earth. There is a high probability that several windows of opportunity are on the horizon wherein the collective consciousness is likely to be considerably amplified. Now clearly this could be a bit tricky since much of humanity is unaware both of the power of the collective consciousness as well as their part in it. Thus, those of us who can need to approach the collective consciousness, or shall we say the conventional reality, with new respect this year. And we need to use it as a creative tool for these times.

An excellent way to do this is to form Earth meditation groups or Earth study groups, or perhaps some combination of the two, maybe even in your home. Invite your friends, your family members, and perhaps some new acquaintances as well to join you in deepening your understanding of what appears to be happening to and on the planet. Perhaps you can also discover a way to literally bless the Earth.

Now this is a year where people who coalesce to form a “we” [group], say of from 3 to maybe 6 or 7 people, will likely see more spiritual progress than those who prefer working a solitary path. This is true particularly if magnified by other groups, or other we groups. Of course, this whole thing all depends on you. And I guess what you're really being asked to do is consider whether you can throw off your comfortable cloaks of complacency and apply yourself to the needs of the planet. Now clearly, everyone wants the needs of the planet to be met, but I'm asking you to go a little bit further than that and give yourself fully to this project. You'll find it's not something that's going to disrupt the rest of your life; I think it will *augment* the rest of your life by giving you a sense of depth about your purpose.

So the main goal that we're setting forth is to rise collectively to higher levels of stewardship for Earth in 2007 than have been offered heretofore. Simply stated, you must not leave the care of Earth to others. You must not trust that those engaged in their own political or business interests will act responsibly or respectfully without your raising the bar, so to speak, for their actions. The tools needed in this collective Earth service are: open minds, generous hearts, and I would also say some psycho-spiritual maturity.

Psycho-spiritual maturity involves being able to look at the gravity of Earth issues but not get lost in any kind of right/wrong polarization, or any kind of polarization for that matter. Psycho-spiritual maturity requires envisioning a more functional relationship between humanity and Earth. And it also requires a strong desire to aid future generations rather than taking the lazy route of denial and carelessness.

The windows of transformation that I mentioned earlier will hang somewhat on the balance points of the equinoxes this year. Now this is not to say that there's going to be some big flash in the sky on the equinoxes. But to understand the potential for shifts, perhaps it would be helpful if you could think of the vernal and autumnal equinoxes this year as being a kind of season punctuated by the solstices. Now having just come through, or having passed over let's say, the winter solstice, try to see now that the planet is moving into the season of the vernal equinox, and we are now in what you would call the waxing period of that season. And it will reach its peak on the vernal equinox. Thereafter it will begin a waning period, ending at the summer solstice, which is the pivotal point for moving into the waxing period of the autumnal equinox.

#### END OF TRACK ONE

Now, of course this is just an analogy; we're not really saying that the equinox is two seasons. But this is an analogy that's based on the common experience of how seasons work. So, please don't go out now and announce that "Djwhal Khul has said there's only going to be two seasons this year." Just kind of let in what I'm saying, and try not to make anything too definitive out of it. And you know how it is. Seems like the habit of some of you is always to mentally argue with me. So if any of you are inclined to argue a bit here, perhaps maintaining that we could just as easily make a case for the seasons aligning with the solstices, here's what I have to say about that: the energy variance between solstices and equinoxes is quite significant.

Solstices point to the relationship between daylight hours and darkness. And it's a kind of a polarity, for sure. But equinoxes, on the other hand, are points of balance. Some of you may even have seen that old trick of standing the egg on end on the equinox. Maybe as a child you were quite intrigued with this because you noticed there's only two days a year when that egg will stand up. It will balance all day long. But as the day begins to close, the gravitational pull of the sun decreases due to the movement of the planet and the egg falls over.

Well if we can view 2007 in sort of this seasonal application, then we can designate the year in terms of four quadrants, pivoting on the equinoxes and the solstices. So the first segment, or the first quadrant, would run from this coming March 23rd until June 22nd. The next segment would run from June 23rd to September 22nd, the third from September 23rd to

December 22nd, and the final one would run from December 23rd to March 22nd in the year 08. Now, using this kind of a scenario, of course, we kind of obscure the year beginning and the year end, but if we can, just think of it this way. It doesn't mean we're going to take your calendars away. From this designation, then, we can look for the times of greatest energetic openings. These are those windows of transformative potential that I spoke about earlier. Now these are likely to occur once per quadrant. The first opening will occur sometime within the first two weeks in May. The second one will fall somewhere within the two-week period of July 28 to August 11. The third will then fall somewhere between October 21st and November 4th. Then the final one will fall somewhere between January 29th and February 12th in 2008.

So I need to tell you that when predicting energetic shifts, one of the more difficult things from this side is to pull them into the flow of Earth time. These dates are not meant to be exact — they're not exact anything. They're not exact points. They are more time frames during which it does really appear that something is going to be going on. Now it's important to remember that windows of transformative potential do not really follow calendar dates, and some of you may feel shifts occurring on one day, others may feel shifts occurring on a different day. And you know that's just the way it is with energetic fields. Every human system is tuned somewhat differently, and thus each responds somewhat differently to energetic encounters. Nevertheless, it is likely that during these general time frames there will be greater influence on world matters by the beliefs, the courses of actions, the decisions, etc., that arise from the collective force of awareness.

Now, while there may be shifts large enough to be observed in the world, it's important to keep your focus on watching for shifts within yourself, and within the little we group with whom you share the vision and the process. It is most important that your focus not stray too far from your most significant reference point — that's yourself. Splaying out the focus has a tendency to diminish the effects of group work, whatever they are, that are accomplished. And while 2007 has the potential to be quite chaotic, it also has the potential to support creative efforts and endeavors or creative goals, particularly when done as a group. Thus I would encourage each of you to be part of the solution that Earth is so desperately invoking at this time. You know, to quote Eckhart Tolle, "The greatest achievement of humanity is not its works of art, science, or technology, but the recognition of its own dysfunction, its own madness." Well, I don't think I could have said that better myself. Thus our assignment is to enter the sleep of insanity with the full intention of waking into sanity. And if each of you does this, particularly if you reinforce your own energy shifts through the greater amplitude of group work, we have an unprecedented opportunity for healing on the planet.

So to begin this journey we must review some of the rather sobering appearances arising at this time for consideration. But we do so holding the knowledge that planetary transformation is always possible; it just takes a firm commitment to wake up to realize it. Now many of you are quite aware of the changes occurring on the Earth due to the rise of greenhouse gases, global warming, toxic air, toxic water and toxic waste, and the presence of poisons in the food as well as in the soil that grows the food. The problem seems quite overwhelming. And the reaction of many people in the face of such magnitude is to simply just go to sleep. Like others, you may try not to think about it that much. Some of you even use denial and call it neutrality. Imagine that.

Well in 2005, a fellow named Anthony Leiserowitz published a study in *Risk Analysis*<sup>1</sup> on this very matter, and he confirmed that while most Americans are indeed concerned about global warming, most of them, and I think it's something like 68%, did not particularly feel threatened themselves. Their belief held that the main threat was to plants, or animals, or perhaps to humans, but humans on continents on the other side of the planet. Now I find this quite interesting, particularly in light of the fact that Americans constitute only about 5% of the world population, but produce roughly 25% of the world's carbon dioxide emissions. Yet most think the problems of global warming will be visited on someone else.

## END OF TRACK TWO

Through extensive interviews, Leiserowitz found that Americans tend to fall into three statistical categories with regard to how they see the state of the world. The first group he named the “naysayers.” And these are people who saw climate change as either a pretty low threat or even a nonexistent threat. Well, his demographic studies indicated that these people were predominantly white, male, republican, politically conservative, and they held pro-individualism views, pro-hierarchical and anti-egalitarian world views, as well as anti-environmental attitudes. He found them distrustful of most institutions and highly religious, and they confirmed for him that they relied on the radio as their main source of news.

Now the interesting thing is that he heard basically five arguments from this group as to their rationales for rejecting current scientific data. The first one that he heard was that (this one he heard the most), “Well, global warming is just natural, you know. We shouldn't get too upset about it.” The second one was that, “Well, global warming is really a media or environmental hype.” They felt there was no real truth to it; it was just someone having one over on the American people. Then at the third level people were asserting that they just had a basic distrust for science. So if a scientist said something, they were probably more likely to distrust it than trust it. The fourth group, or the fourth level of his rationales, just flatly denied that they believed it, and they didn't give any reason why. And then, to a lesser extent, the fifth category were the conspiracy theories, and this would be — people would say things like, “Researchers create data to make sure they have job security.”

Now, while this group represents only 7% of the American population, Leiserowitz was really surprised at how much of the American government they control. Now at the other end of the spectrum was a group that he dubbed “alarmists.” And this group was comprised of individuals holding pro-egalitarian, anti-individualist, and anti-hierarchical world views who would support government policies to mitigate climate change even to the point of having their taxes raised. These folks he found were likely to have already made personal changes to reduce greenhouse emissions, and they represented about 11% of the American population. Well, the remaining group of people, while existing in between these two poles on his charting spectrum, fell considerably closer on the spectrum to the alarmists than to the naysayers. And I think it's maybe worth it to take a moment and stop and think about it. If you were one of Leiserowitz's interviewees, where might your beliefs fall if they were plotted on his scale?

Now it's good to be conscious here that we are entering the collective/conventional reality. To do our work we must enter it fully. And what I must ask of you is: Is it possible for you

to enter the conventional reality fully engaged and not succumb to it? Well you may not know it yet, but the answer is yes. What you will need to use (I guess we'll say) is *more* of your consciousness' capacity than most people even realize they have. Now understand that you have a choice as to how much awareness you bring to any given moment. Once awakened to this truth, you also have a responsibility to all those other sentient beings who may not have awakened to this truth as yet.

As noted in our last lecture, one must use the mind to transform the mind. Likewise, to transform the conventional reality we must use the conventional reality. However, be careful. Be careful that you do not fool yourself by replacing objectivity or neutrality with denial. It's fairly easy to do. I actually was watching one of my dear students who was cleaning out the refrigerator, and she got a little bit of a twinge of guilt because she was throwing some meat away, you see. And that little twinge of guilt came up and she said, "Oh, well I can be neutral about this," and she threw it away.

Now, we have to think about that a little bit. Was that neutrality, or is that denial? In other words, something gave its life that you could eat. Something's life was required in order to put that meat in the refrigerator. Is it okay to just say, "Well, I can be neutral about this," and throw it out? I mean how would you feel if the flesh from your bones were used as meat and someone just let you rot in their refrigerator? I suppose that's a little graphic, but it all comes back to the same thing of being very mindful about how we walk on the Earth, and being very careful not to slip over into denial thinking it's neutrality. When one slips into denial, it's just a different way of accepting the conventional reality, isn't it?

Well, if any of you have the slightest doubt that this planetary experience is a single experience, I think our focus this evening should rectify that. You will see that no single point of planetary compromise is separate from any other, even though this recognition is fairly recent among scientists and ecologists. But nothing is separate from anything else. And even though you kind of know that, I think our time together this evening should probably really bring that home for you.

In looking at the Earth and in our areas of concern, perhaps the best place to begin is with the Amazon, since it was, I would say, the first recognizable icon of global environmentalism. Now, the Amazon is huge. It consists of over a billion acres of rivers and rainforests, and its tremendous expanse of trees pull incredible amounts of carbon dioxide from the atmosphere. And for some roughly 20 years now, warnings have been issued proclaiming that it is at *grave* risk of deforestation. However, while you know that, are you aware that even if all the clear-cutting was to be terminated immediately, the warming planet will do the work of shifting the wet forests into stretches of savanna? And believe it or not, this is likely to occur before the year 2100. That's before this century is complete.

### END OF TRACK THREE

Well, here's one of the startling facts: the loss of all those trees will have the net effect on the planet of turning perhaps the largest carbon dioxide consumer into the hugest producer of carbon dioxide. Now that, of course, will actually speed up the process of global warming, since much of it has to do with the amount of carbon dioxide that's released into the atmosphere. Well, as most of you are aware, 2005 was a very dry year, and wildfires literally

ravaged vast expanses of land all over the world. In 2006 scientists began to share their fear that these climatic changes that we're seeing are becoming self-sustaining, actually reinforcing each other.

And there is some evidence to suggest that the warming of the North Atlantic is negatively affecting the circulation of air over the Amazon, and thereby producing dryer and even harsher conditions. And for those of you that maybe haven't kept up with some of the research findings (indeed they aren't reported as they probably should be), it was found in 2005 that the North Atlantic had risen 1.7 degrees Fahrenheit above its norm. Now this didn't all happen in 2005, and you may say 1.7 degrees isn't very much. When you think of the billions and billions and billions of gallons of water, and that they have *all* managed to raise this much, it's a pretty interesting thing. It has taken a *tremendous* amount of energy to raise the temperature in the North Atlantic 1.7 degrees Fahrenheit.

Well the North Atlantic too poses concerns. You see as it warms, ice caps melt. And as these ice caps in the water melt and suddenly this fresh water is part of the ocean, it dilutes the water; it changes its relative balance of saline. And that, believe it or not, affects its flow. And that affectation of the flow, in turn, shuts down something called the thermohaline circulation — basically it's a circulation that puts warmth from the ocean onto the land. In fact, the ocean's ability to deliver to the coast of Europe a warming influence is comparable to roughly 500,000 power stations, or let's say what they could provide.

Now, those who have been studying, these past 30 years or so, this thermohaline circulation have seen that there are vital components in the circulation that have actually, and quite suddenly, dropped about 30%. So the net effect is that there is 30% less heat arriving on the European coastal areas that does heat the continent, you see, than there was previously. And experts in the field now believe that the ultimate fate of this particular circulation is literally tied to the fate of the Greenland ice sheet.

Now some of you may not realize that the Greenland ice sheet contains roughly 6% of the planet's fresh water. Now 6% doesn't sound like a huge percentage number, but when you think about how much fresh water there is on the planet, there's a huge amount of it in this ice sheet. Well, should this ice sheet melt, it's projected that the sea levels would rise some 23 feet worldwide. And interestingly enough, this figure is only for Greenland's ice. It doesn't even include ice melt calculated from the rest of the Arctic, nor from any that's on the Antarctic that might melt at the same time.

Well, NASA studies show a massive decline in Greenland's ice. And NASA notes that the ice melt rate has doubled between 1996 and 2005. And to demonstrate how quickly the warming trend is happening, NASA also recorded that the melt line shifted northward some 300 nautical miles during only the past four years. That's huge, isn't it? And of course, a massive flow of fresh water from Greenland's melt would add more impact to the already slowing thermohaline circulation. This in turn is likely to further exacerbate shifts in the air flow over the Amazon, actually speeding up the drying process of the rainforests, as well as continuing to lose more and more trees.

Further it is likely to create a sudden release of the massive stores of carbon dioxide that are held under Greenland's ice. Now if this happens, that much CO<sub>2</sub>, or carbon dioxide, being

released into the air should finish off the Greenland melt, and once again, severely impeding or even completely halting this thermohaline circulation. Now if that happens, of course, this would produce a drastic cooling of the European continent. And some scientists even fear it would cause a complete freeze of the whole continent. This wouldn't happen in five minutes, but nonetheless, it could be the entrée to another ice age.

Well, continuing with all this “good” news, let's now go to that well known hole in the ozone layer above Antarctica. Now this I believe was reported way back in 1985 for the first time, and it so shocked the international scientific community that a multinational effort was launched to phase out all ozone-destroying chemicals, and that's primarily, of course, the chlorofluorocarbons. This was done under the auspices of the UN, and the effort that was put forth is to be applauded. But the actual success is much less than has been reported.

The results of studies released in 2006 by the National Center for Atmospheric Research reported, or announced, that the hole will take some 20 years longer than first thought to even begin any significant mending. So as the planet warms, the stratosphere cools. The cooling of the stratosphere, which is where the ozone layer exists, slows down the ozone repair. And along with the hole over the Antarctic, there is also a newer — what's it called ozone “dimple” I believe — over the Arctic. Well frankly, *all* of the ozone layer is thinning out, and the estimates show it to be getting thinner at roughly 3% per decade.

While there have been reports of increasing skin cancers and cataracts in relationship to ozone depletion, there has been very little reporting of the impact that increased ultraviolet radiation has on the phytoplankton. Now phytoplankton are those tiny little plants that live in the ocean, and increased ultraviolet radiation is highly destructive to phytoplankton. What these tiny plants do is convert inorganic sunlight into organic, or living, material. And without this vital function, literally the whole food chain would collapse; it is so basic to *everything* that grows and feeds on planet Earth.

Well, while the phytoplankton live under water, they are able to draw CO<sub>2</sub> from the atmosphere more effectively than virtually any other known agent on the planet. And their health and survival is critical to something that is called the Antarctic circumpolar current. Now this is another current in the ocean, but it's very impressive. It circulates some 34 billion gallons of water every second around the continent of Antarctica. And as it does this it stirs up all these nutrients from the very deep cold waters and brings them all the way up to the surface. Now these nutrients and this upswelling of them are very important because they provide the energy, or you could say fuel, for the phytoplankton to function in absorbing all of the carbon dioxide.

Now when phytoplankton die, they fall to the bottom of the ocean, very cold regions, and that load of carbon dioxide that each one has removed from the atmosphere goes with it. And thus in that process it goes into this very, very cold depth region and it just sits there. Well, if the global warming continues as predicted, it's likely to slow this upsurging of nutrients, and that in turn would profoundly impact the phytoplankton in all of the oceans. And as we said earlier, it's a more effective absorber of carbon dioxide in the air than any other known agent.

Another major effect of global warming may be the shrinking of the Sahara. Now that doesn't really mean that the land mass is going to shrink or get smaller, but the Sahara Desert itself may get quite a bit smaller due to a "greening" effect. Basically, as rainfall increases along the southern border of the Sahara, plants grow. It becomes greener, and the result of more plants on the Sahara will cause fewer dust particles, which are ultimately transported to the Atlantic, to rise in the air. They fall into the ocean, not only seeding the ocean but also feeding the phytoplankton. And further, airborne desert dust particles are now recognized to play a significant role in impeding or stopping hurricane formation. And not only that, they add to the fertile properties of the Amazon soil. So a green Sahara would truly change the world as you know it today. Again it would not happen in five minutes, but its effects would be felt over the entire world.

#### END OF TRACK FOUR

Well, on our next stop in this interesting tour of the planet we move to the world's rooftop, as it has been called, and here we experience the roughly one million or so square miles of steppe, lakes, and mountains known as the Tibetan Plateau. The average altitude of this massive plateau is roughly 15,000 feet above sea level. And it's a very sparsely populated area; it has fewer people per square mile than anywhere on the planet except for two places. One is Greenland, and there's so much ice there there's not too many people in Greenland. And the other is Antarctica, and as you know there is no natural population of humans in the Antarctica — basically you have some scientists there and a lot of birds, but no other humans really. This interesting and beautiful plateau has a ring around it, and there are ranges within it of mountains — very snowy mountains because they're so high that the snow never melts. The white snow reflects the sun's rays back into space. Now, the global warming that looks like it is coming is projected to melt all that white snow, uncovering dark soil. And as you know dark soil does not reflect heat; it absorbs it.

Now in the ecological functioning of the plateau, it cools the stratosphere. Its thunderstorms, which are interesting and very powerful, draw water vapor as well as airborne chemicals upward, and this has the net effect of cooling the stratosphere. Well, a cooler stratosphere begins to interfere with the jet streams, which causes warmer winters in both Europe and North America. Well, these warmer winters, in turn, exacerbate both Greenland's ice melt and the ozone problem.

Now, those thunderstorms that we talked about on the Tibetan Plateau literally result from Asian monsoons. And Asian monsoons are in a large part determined by the conditions as far away as the North Atlantic thermohaline circulation. And it has recently been acknowledged that the vital connecting link between Asian monsoons and the North Atlantic is, of all places, the Tibetan Plateau.

And so here you see kind of a mini version of a lecture I did a long time ago, where we talked about the Diamond Web of Indra. That's an old Hindu story, and to give you the nutshell version, it says that every single star in the universe is connected by a very thin filament, so that if anything happens on one star the information is immediately transmitted by these tiny little filaments to all the other stars, to all the other planets, the comets, the quasars, and even the black holes I suppose. But because everything is connected you cannot affect anything on one that does not affect everything else in creation.

Well here we begin to see, and as I said earlier this is sort of a recently held notion by ecologists and scientists, that you cannot really affect any one thing on the Earth without powerfully affecting everything else. We talk about the Diamond Net or Web of Indra as being something that draws or holds the entire universe together as a single experience — whether or not we would call it a fine filament, maybe it is life force, maybe it is prana, maybe it is the love of the divine — that connects all of the pieces on Earth. And this is what's so interesting for scientists, because when they began to see that the climatic shifts are self-sustaining, then what they recognize is that the planet has made an adjustment — perhaps people haven't made an adjustment yet, but the planet does that very, very rapidly.

Well, while we could certainly find more ramifications of global warming, these are probably enough to demonstrate that it's time to become part of the solution. And I believe that the energetic possibilities that are likely to unfold in 2007 are the kind that will prove to be supportive for the process of “re-membering” Earth. And I want you to really pay attention to that word, because to “member” something means to put it together. To re-member, means to do it again. And so we now collectively seek to re-member Earth — put the Earth back together — but to do it from a space in consciousness that remembers the pristine level. I think we could all agree this is a worthwhile mission.

Of course, it would be at best unwise and maybe ludicrous to promise that any kind of a complete healing is going to occur by the end of the year. But it is nonetheless important to move *now* on a course of transformation. It's important to understand and acknowledge these conditions that are causing so much planetary suffering, and perhaps even more to come. You know the World Health Organization has put out some studies that use the figure (I believe) 150,000 deaths a year due to climatic changes. There are some other organizations — if some of you want to get ambitious and look them up on the Internet — that say it's closer to 160,000 deaths every year due to these climatic changes. So our mission then is to shift the conventional mindset by entering it and transforming it.

Now, we must do so without the conventional body armor of denial, fear, victimization, or for that matter, even unavoidable catastrophe. While acknowledging the power of collective appearances, it's also important to acknowledge that the most consequential power for transformation on the planet today is the power of “we.” Now I want to be clear here. I'm not talking about some coalition of governments “out there,” miraculously taking shape to save the world from the karmic influences that created the problems in the first place. Indeed, when governments try to take charge of such matters, they nearly always “foul the waters.”

What I'm talking about here are the little we groups that you and others create to transform the mind as it is experienced in the conventional reality. It is the little we groups that can envision a future wherein the Earth is reconciled to Her people. It is the little we groups that hold and actualize the potential for a literal peaceable kingdom, or pure land, right here in the shared physical space of Earth.

When we began this talk I promised you that we would devise a strategy. And so since we've sort of laid the perimeter and we've sort of described the situation into which all of us are entering, this is probably a good time to move to the strategy.

## END OF TRACK FIVE

As you assemble your little we groups, it's a good idea to create a mission statement. Now this doesn't have to be any kind of an elaborate statement — just something that everybody can buy into. In fact the simpler and more succinct it is, the better. Be thoughtful about how you want it to read but not obsessive. The statement should be broad enough to seed powerful transformation but grounded enough to contain and support that transformation. Creating the mission statement should of course be the work of the entire group and not just one person. Again it needs to be something — nothing elaborate — just something that you can all agree to as to why you're coming together.

The point of forming the group is *not* to argue with the conventional reality. (And I think that may sound kind of strange, but I think this needs to be clear for everyone.) Rather it is to enter the conventional reality with a combined and unified mind force that is capable of *transcending* the conventional reality. When you meet, surround yourself with images of the Earth in Her pristine beauty.

You might want to, if you don't have them already, get some of those photographs that NASA has that were taken from the moon of the Earth, or some of them taken from a spacecraft in orbit at various stages. There might even be some taken from the space station. But you can also use photographs that you have taken of beautiful natural places that have been meaningful to you in one way or another — a beautiful tree, a beautiful lake, a lovely mountain — but let your mind simply fill up on these images, and celebrate the fact that you have access to them. You know there are a lot of people in the world that do not own a camera, nor will they in the course of their life, and many of those people have never heard of NASA. So the fact that you have access to these things to help you in this work is very powerful. But we want to just fill your mind with the pristine images of Earth in Her glory.

Now, in the time from now leading up to the vernal equinox [3/22/2007] assemble your group and create your mission statement, and then spend some time together talking about your goals or about why you're drawn to do this work. Also spend some time meditating on actively preparing the Earth and Her inhabitants for the window openings that are coming this year.

So you do this by kind of going into a meditation state and see who comes to you. So if President Bush comes to you, you just explain to him (or whomever else) that the world is in a state where it needs profound healing. And you just explain that you and your group of friends are going to be doing that and you would like to invite him to join in too. And then you drop that and you see who else comes. And maybe it's a monkey or maybe it's a giraffe, and you explain to that being that the world is in need of severe healing. You say; "You might have even seen it where you live. Are you having more difficulties with either not enough rain or too much rain? Well yes, that's what we're talking about." And you just kind of continue in this way because each time you have some kind of an internal connection. And this is true if you have it with a tree or a flower. You are laying the groundwork or preparing Earth for what the next basically year is going to be about.

Well the first segment of our service year runs from March 23rd to June 22nd, because it will come right after the vernal equinox. And up until the vernal equinox, again you're focusing on preparing individuals and plants and animals and so on for the work we're doing.

After the equinox passes, you spend the whole first segment — the first quadrant, let's say — focusing on nonviolence at all levels. So in your personal life you want to restrain all harsh thoughts, all harsh language, even harsh voice tones. But do it not only in your homes, but do it in your minds as well. Let your speech always be kind and caring, and when someone speaks to you, genuinely listen. And please do so in a soft space. Then if you move out into the community, there the task is to find a way to love all of the people with whom you work or have even passing casual relationships.

Now the idea here is to see even those little petty judgments as violent. We want to come beyond them and just not indulge any of those little judgments where you think someone else is irritating you or someone else is trying to get your goat or whatever. When you stop and think about it, these little petty moments are nothing compared to the transformative healing of the Earth. And so, just let them go, and always refrain from harshness in all your interactions. And yes, I know some of you will have moments where you slip. Just come back to where you want to be.

See individuals or think of individuals or read about individuals who maintain a high profile — those whom you know perhaps through their fame (or their infamy for that matter), but not necessarily that you know them personally. They would be such people as fashion or movie or television personalities, perhaps a Pulitzer Prize winner, a Nobel laureate, authors, musicians, commentators, historians, kind of that general . . . It's a big field really, but they're people that are known because of their accomplishments or their fame. Think and speak of these with compassion and humility. You know a lot of people get arrogant when they compare themselves to a movie star. "Well, if I had his money or I had her body, here's what I would do." Don't do that. Just stay with compassion and humility. Try to see their Buddha nature, and whenever you can send to them some support mentally, emotionally, or just psychically if you will, so that their presence in what you could call the public eye could truly benefit others. Then in your mind imagine scenarios where they are actually benefiting others. Maybe you recall that there are some very famous movie stars who have gone to Africa and raised a lot of money to help with the AIDS crisis there or in other areas with starvation. So actively engage your mind in seeing them doing (because of their level of influence in the world) these acts and service that benefit others.

For another group, whom we'll call politicians, heads of state, maybe judges, congressional, senatorial, or parliamentary leaders, visualize them as using their power to bless the Earth. Now this power is really a gift. It has been given to them to do something. So in your mind see them using their own influence to stop wars, to stop conflict, and to really dissolve injustice. See them also looking deeply within their own hearts for deeper clarity, for stronger purpose, and of course don't forget altruistic motivation. Again, as they play out their leadership role, it's as if the world has entrusted certain things to them, so see all of their actions as being or at least having the potential to touch altruistic motivation. And if in doing this kind of meditation you are given some kind of an insight into ways or tasks that would help these people accomplish their highest calling, write them, phone them, or do what ever you have to do to share the insight.

You know when the stakes are high it's important to take yourself seriously enough to meet the problems of your time head on. So actively recognize yourself and particularly those in your little we group to be a functioning part of the planetary solution rather than . . . . You know a lot of my dear students kind of consider themselves bystanders. And really what's a bystander but a type of voyeur — someone who is just watching what everybody else is doing for the curiosity factor or something. Get out of that category and become part of the solution.

Now if it's possible, I'd like to suggest that you meet with your group once a week, and in your meeting you can discuss the insights you've had with your meditations or just in thinking about your joint work. You can share your progress. You can encourage one another. But try to hold a field of celebration for the successful outcome you are together envisioning. And if it's not possible to meet every week, then try to have phone contact with each other at least that often to participate fully in joint service.

Then when you come to the critical, or the more intensified times, the first one being the first two weeks in May, heighten your efforts during this time. If you can, meet more. Maybe you can meet twice a week if it's possible. But if you can't do that at the very least have each group member agree that he or she will take three points during the day where they will come away from their tasks, their routines, their schedules, or whatever and try to focus on nonviolence and (I guess we could say) deep reconciliation, because we want to not only remove the violence but we want to heal the places that have been wounded by the violence, particularly in the cultural and racial separations and so on. So you take three times. You can do one in the morning, one at night, and you only have to find one other time.

When this intense period has passed, then you just continue looking for deeper or more hidden levels as you finish out that particular quadrant. And again you find deeper levels of where you can take nonviolence. We talked about nonviolent thoughts. But you know when you clip your finger nails if you get a hang nail, do you do it roughly? That's violence. Or do you do it gently, you see. So also in the post critical area or intensified area try to generate gratitude meditations for the nonviolence that has already been established by your efforts and all that will in the future be established by your future efforts.

## END OF TRACK SIX

As you move to the second segment of this year of service to Earth, that will be June 23rd until September 22nd, focus on dissolving corruption. Now you should see this practice as a rather natural flow from the healing work that you did with nonviolence. They're connected you see. And so your meditation and your internal thought process should dissolve corruption at the personal level and the family level if you can see areas that have corruption. Maybe you just look at areas where people just haven't told the truth or something. But then you move out to the community level, and the national and international corporate world, and even into the political/leadership levels at both national and international junctures. In each of these you dissolve the corruption that might be there.

Now sometimes you might know what it is, and other times maybe you get the name Sears and Roebuck (maybe not), and so you just on faith take it that there's something that the

Earth is asking you to dissolve there. And a powerful way to do this meditation is to use that old Tonglen practice<sup>2</sup> that I gave you a few years ago where you see the object of your working meditation before you. It could be a person, it could be a business, it could be an international leader, but you see them perhaps engulfed in a dark cloud. The dark cloud is symbolic for the corruption that you're in the process of dissolving. And so on your in-breath you breathe in a portion of the dark cloud, and you just watch it as the energy drops. It comes in through the nose perhaps, and drop it all the way down into the fiery furnace of your heart. Now in truth, partly why you're alive is because there is a kind of fire energy in the heart, and so here you just watch as the darkness is just burned up by the heart fire. And then on the out-breath you return a blessing of white light. And you send it whether it's to a person, an organization, a situation, or whatever. And then you breathe in again. Just keep breathing until you have dismantled this dark cloud. And you know how it is; some you can do pretty fast, and others it takes awhile. But just keep working with it until you have burned all the dark energy, and then the blessing energy, the white light, that you have returned just surrounds the person or the entity.

Now during the intensification period of the second segment, which will fall between July 28th and August 11th, try to meet with your group (again) more often, and individually meditate on dissolving corruption at least three times a day — more if you can do it but at least three times a day. And after this intensified time has passed, continue to root out deeper levels of corruption for dissolving. And again they get finer; they don't look as bad when you go deeper. But in addition to that spend some of your meditation time with gratitude meditation, giving thanks for all that has been dissolved and for all that will continue to dissolve as you do your service to rid Earth of the energy of corruption.

In the third segment of our service year, which falls September 23rd to December 22nd, you would focus on purifying Earth's physical body. Now in meditation you can visualize a cleansing, perhaps with white light, of Her water. That's *all* of Her water — oceans, lakes, rivers, ponds, streams, creeks, even the rain. And then see also a cleansing of Her land masses as well as a cleansing of Her air.

Then during the intensification time, which in this segment is going to fall between October 21st and November 11th, if you can meet with your group more often and of course use the three times a day meditation for yourself as your model.

Between 11/05 and 12/22 (that's when this segment finishes up), continue with your purification meditations, but gratitude is also *very* important, particularly in this third segment. You should be doing gratitude meditations for the opportunity and the ability to purify the Earth, gratitude for the knowledge that you have as to how to do it, and then gratitude for the fact that Earth is responding. Again in the third segment do the gratitude meditation; it's important in all of them, but it is *really* important in this one.

And then in the final segment, which runs from December 23rd through March 22nd and you'll be into 2008 of course at this time, the focus will be purification for the Earth's emotional and mental bodies. Now because these two are less concrete than the Earth's physical body, you may just amend somewhat the meditation you previously did. Perhaps you use white light to cleanse the auric field around the Earth, because that's where the toxic thoughts or toxic feelings that people have given off would reside. And then from the

cleansed auric field, let the pure vibrations penetrate Earth moving inward. Take it all the way to the core, even if you're taking purified energy into the magma, and then let that even stimulate the cleansing potential of that heat that's at the core.

Now I would suggest using white light up to and through the period of intensified energy, and that time falls from the 29th of January (2008) through the 12th of February (2008).

Beginning on the 13th of February (2008), I'd suggest that you use golden light and just continue the same thing, because that energy or that light is a symbol for seeding potentiality in the Earth, and I think it's very important. You might even find that you naturally even have some kind of a connection from the core of the Earth out to the auric field, which of course extends way beyond the ozone layer, so it's going to be benefiting with this as well. But use the same example as those given for the previous segments for meeting with your group — a little more often if you can during the period of intensification and then doing your personal meditations at least three times a day.

That's our strategy, so I hope you'll all be inspired to implement it. For those of you who are feeling mildly overwhelmed at this point, maybe even thinking you couldn't possibly add one more item to your busy schedule, I would encourage you first of all not to worry about it so much — just begin thinking about what the Earth might be asking of you personally. And then using your own inner knowing as a guide and the director of your own life, just plan how you might be of service to the Earth.

I think that probably there will be those of you who don't particularly want to do anything with a group. This doesn't mean you can't be of some benefit. It only means that basically the amplification possibilities are greater when you're working with a group. But don't feel left out simply because you feel for whatever reason you don't want to do this with others. Now I know that there has been a lot of instruction on this recording, and believe me that's not been done to overwhelm any of you. It's really much more of an attempt to drive home a couple of points.

1. The Earth needs you, and
2. 2007 is a year for potentially very strong results.

Now that of course means that you're likely to see results in your own life, and I would like to tell you that there will never be a war on the face of the Earth again after 2007. And I wish it were that simple. But you see what happens; as we put forth collectively — because I'll tell you I'm going to be working with my friends on this plane as well — as we put forth these energies collectively, they will invite some kind of response. And we can't really predict what that response will be. We can say what we would like it to be, but we can't really predict it so we have to put the energy out there and see what response comes back. And then if we're getting significantly positive responses back, then we up the energy a little bit. We do this several ways.

Number one is we try to facilitate sort of an amplification of the energy that you are creating on Earth; all of your individual energy fields are amplified by each other's, yes. But then I'm hopeful that as the year goes by you'll find that there are perhaps a few more people that would like to join with you and become a part of this particular service. I think it's a very

precious service, and I actually hope all of you will find a way to not only be inspired and do the work but *enjoy it*.

One of the things that I think the planet really needs right now is a little more enjoyment energy. You're living in kind of heavy times. We just talked about some of the heaviness. My goodness, I guess I have another whole list we could talk about if I wanted to do that, but those are the heavy things that are going on with the planet in terms of its physical body. But there are a lot of heavy issues around international conflict that really need this kind of work. And think of the blood that has been spilled only in the last century, and think of how the Earth has absorbed not only the blood of those who have died in some kind of fight but has also utilized that in some way. Maybe sometimes it fertilized a flower or something. When you think about how the Earth tried to take all the messes that humans have created and reconstitute them into something beautiful, it's very important to have appreciation for not only the fact that it works this way, but that you can observe it, and that you can learn from it that the Earth is also your teacher.

So in closing:

May you be happy in your life, of course, but also in your spiritual service.

May you know peace and may you share that peace through your thoughts, your words, and your actions with all beings everywhere. And every time you do any little thing that is peaceful — even if you just offer a tiny flower to the Buddha but you do it with the dedication of bodhichitta that people can be happy and go free from their suffering — do this also with anything you do that allows you to touch and encourage peace.

May you also have ease and a sense of well-being. Again, this is both in your personal life and in your spiritual life.

And lastly; may love and kindness fill and heal you. This is so important because I want you then to be able to fill and heal others with love and kindness.

Dear ones, know how much I love each and every one of you. I thank you and good evening.

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1. "American Risk Perceptions: Is Climate Change Dangerous?" by Anthony A. Leiserowitz, in *Risk Analysis*, Vol. 25, No. 6, 2005. Accessed in February 2006 on the Internet at [www.uoregon.edu/~econotone/pubs.html](http://www.uoregon.edu/~econotone/pubs.html). Anthony Leiserowitz is a research scientist with Decision Research in Eugene, Oregon.

2. Tonglen, the Tibetan practice of giving and receiving, is to take on the suffering and pain of others and give to them your happiness, well-being, and peace of mind.